



UNIVERSITY OF CALGARY
FACULTY OF ARTS
SCHOOL OF CREATIVE AND PERFORMING ARTS
Course Number and Title: Drama 318A Foundations in Physical Practice
Session: Fall 2021

Instructor Office Email Office Hours	Peter Balkwill CHD06 peter.balkwill@ucalgary.ca Tuesday by zoom 1:30 – 3:00 or in office by appointment
Day(s),time(s) and location of Class	Friday, 10:30 – 11:45 AM CHF 101 (Matthews Theatre) and CHE 107
Learning resources: required readings, textbooks and materials	Reading materials will be provided or recommended by the Instructor and available through the Library or on D2L. A notebook and pencil are required for class. Everyone is required to have a mask for all in-class meetings. Please invest in a personal yoga mat if you require one for stretching sessions.
Learning Technologies and Requirements	<p>There is a D2L site for this course which contains required readings and other relevant class resources and materials (see d2L.ucalgary.ca).</p> <p>In order to successfully engage in their learning experiences at the University of Calgary, students taking online, remote and blended courses are required to have reliable access to the following technology:</p> <ul style="list-style-type: none"> • A computer with a supported operating system, as well as the latest security, and malware updates; • A current and updated web browser; • Webcam (built-in or external); • Microphone and speaker (built-in or external) or headset with microphone; • Current antivirus and/or firewall software enabled; • Broadband internet connection. <p>Most current laptops will have a built-in webcam, speaker and microphone.</p>
Prerequisites	<i>Drama 200 or 210, or consent of the Division Chair, Drama.</i>
Course description	Foundations in physical practice and development of the body for stylized-live performance and public engagement.
Course learning outcomes	<p>By the completion of this course, successful students will be able to:</p> <ol style="list-style-type: none"> 1. Invest in a variety of physical warm up practices that develop and foster strength and flexibility. 2. Demonstrate a strong sense of focus and concentration to the end of physical performance as well as rehearsal and creation work. 3. Articulate an understanding of dramatic tension with a physical ability to convey story in the absence of text. 4. Script physical action in physical, dramatic situations. 5. Increase their ability to express themselves dramatically through their physical form. 6. Articulate a basic understanding of grounded physical presence on stage both standing and walking.

Course schedule	<p>Unit 1: (September / October) Warm up and investigation of muscle isolation and motor function. Basic walking skills and introduction to physical presence on stage.</p> <p>Unit 2: (October / November) Introduction to movement improv exercises connected to View Points (as articulated by Tina Landau and Ann Bogart).</p> <p>Unit 3: (November / December) Introduction to clarity within the silent narrative and investigation of physical dramatic tension in performance.</p>
Assessment components	<p><u>Assignment 1:</u> Landing the Physical Form – Warm up / Flexibility Assessment Method: Physical Execution Description: Introductory investigation of the physical warm up with a focus on variations in gaining flexibility and strength. Introduction of basic implications of Ki Energy in relationship to audience and ensemble connections. Developing a relationship with the bodies low centre of balance, developing weight on stage. Assessment shall continue through the semester. Weight: 20% Due Date: On going</p> <p><u>Assignment 2:</u> Releasing the Physical Form Assessment Method: Physical execution Description: A basic exploration of movement-improv related exercises with an aim to reduce inhibitions tied to physical expression. Focus will be placed on View Points and Skinner Releasing and will explore solo and ensemble driven situations. Weight 20% Due date: November 5, 2021</p> <p><u>Assignment 3:</u> Moving Through the Silent Narrative Assessment Method: Physical execution / written Description: Students will explore the basic components of how dramatic tension operates in theatrical and performative situations with a mind to scripting the physical action. Students will be required to devise a dramatic situation and draft a script of the action – students will hand in a draft of the scripted action on the due date. Weight: 30% Due Date: December 3, 2021</p> <p><u>Assignment 4:</u> Personal Reflection and Observations Assessment Method: Written Description: Students will be required to record their progress and observations of the work of other students in an in-class journal. Based on feed back throughout the semester (both to the student and to other students in class) each individual will have to offer a personal assessment of their work in the class, as well as an accurate account of missed classes and late arrivals to class. From this journal they will draft a 500 word – word format document outlining their progress and suggest a grade level they feel they are working at. Note: the grade suggested by the student does not constitute or dictate the final grade submitted by the instructor. Weight: 10% Due Date: December 3, 2021</p> <p><u>Assignment 5:</u> Participation – Growth - Preparation Assessment Method: observatory in nature. Description: An evaluation of an individual student’s focus, concentration and effort in class – demonstrating concern and accountability toward the objectives and exercises presented to the group. This grade stems from an individual ‘s</p>

	<p>demonstrated ability and is gauged on the arc of improvement throughout the entire class, but also the singular investment and care in the progress of the ensemble. This component will be further explained in class.</p> <p>Preparation is connected to the student’s readiness for the work at hand. Student’s will be required to arrive warmed up and stretched for the beginning of class.</p> <p>Participation includes but is not limited to the power of observation when others are working and the ability and willingness to offer feedback and critical response. In addition to these assessed components the student’s attendance in class will also fall under this criterion. See Assessment Expectations for more information. Weight: 20% Due Date: On going</p> <p><u>Appropriate Clothing</u> All of the work in this class is physical in nature therefor proper <i>neutral</i> movement cloths are required, no dresses or skirts. Please wear clothes that allow for flexibility in movement, being on the floor, dress in layers as the work will make you heat up and cool off intermittently. Make sure to have a pair of socks at every class.</p> <p><u>Digital Technology</u> Please note – cell phones, iPad and computers are not permitted in class in any form, or manner, even during breaks, unless otherwise stated. If a cell phone is needed during a break the student must leave the class to engage with it. Any cell phones seen in class will be confiscated and returned at the end of class – this event will negatively impact the Growth – Participation – Preparation grade. Please come with a writing instrument and a journal in which to take notes.</p>
Assessment expectations	<p><u>Guidelines for Submitting Assignments:</u> See expectations for writing.</p> <p><u>Missed or Late Assignments:</u> As per Drama policy any late work will be downgraded one letter grade for every day late. That is, work that would be graded at an A will receive an F after six days late. This policy sits within the discretion of the instructor and is open to discussion with the students but sits as a general policy and will be employed if there is no advance notice of need for an extension.</p> <p><u>Expectations for Writing:</u> Writing skills are important to academic study across all disciplines. Consequently, instructors may use their assessment of writing quality as a factor in the evaluation of student work. Please refer to the Undergraduate Calendar E.2 Writing Across the Curriculum policy for details. All written assignments must be handed in on the due date emailed to the instructor in Microsoft word document form attached directly to the email (not in the form of a link to external sites) – no PDFs will be accepted and will be regarded as not handed in.</p>

Criteria That Must Be Met to Pass

Expectations for attendance:

This class is about physical movement and presence in the room. The growth of students both individual and collective is directly connected to attendance – **attendance is mandatory**. Without prior notice to the instructor, lateness or absence will negatively impact the participation and growth grade. Prior notice should be in the form of an email to the office of the instructor – it cannot come after the missed class. Missed classes for any reason will negatively impact the Participation – Growth – Preparation component of the assessment.

Acceptance of all excuses is at the discretion of the instructor; prior notice does not always guarantee lenient impact – doctor’s notes should be acquired for any illness that extends into two classes. Please bear in mind that during times of the current pandemic that this stipulation is also at the discretion of the instructor.

Grading scale

For the course as a whole, letter grades should be understood as follows, as outlined in section F.1.Grading System and Transcripts of the Calendar:
<https://www.ucalgary.ca/pubs/calendar/current/f-1.html>.

A+ 100 – 96 A 95 – 92 A- 91 – 90
 B+ 89 – 86 B 85 – 83 B- 82 – 80
 C+ 79 – 76 C 75 – 73 C- 72 – 70
 D+ 69 – 65 D 64 - 60
 F < - 60

Grade	Grade Point Value	Description
A+	4.00	Outstanding performance
A	4.00	Excellent performance
A-	3.70	Approaching excellent performance
B+	3.30	Exceeding good performance
B	3.00	Good performance
B-	2.70	Approaching good performance
C+	2.30	Exceeding satisfactory performance
C	2.00	Satisfactory performance
C-	1.70	Approaching satisfactory performance.
*D+	1.30	Marginal pass. Insufficient preparation for subsequent courses in the same subject
*D	1.00	Minimal Pass. Insufficient preparation for subsequent courses in the same subject
F	0.00	Failure. Did not meet course requirements. Several Faculties utilize an F grade that does not carry weight in calculating the grade point average. This will be noted in the calendar description as “Not Included in GPA” where applicable.
**I	0.00	Incomplete. Sufficient work has not been submitted for evaluation, unable to adequately assess. May also be used when a final exam is not submitted.
CR		Completed Requirements. Carries no weight in calculating the grade point average. This will be noted in the calendar description as “Not Included in GPA” where applicable

	<ul style="list-style-type: none"> • A grade of "C-" or below may not be sufficient for promotion or graduation, see specific faculty regulations. • The number of "D" and "D+" grades acceptable for credit is subject to specific undergraduate faculty promotional policy.
<p>Guidelines for Zoom Sessions</p>	<p>Zoom is a video conferencing program that will allow us to meet at specific times for a “live” video conference, so that we can have the opportunity to meet each other virtually and discuss relevant course topics as a learning community.</p> <p>To help ensure Zoom sessions are private, do not share the Zoom link or password with others, or on any social media platforms. Zoom links and passwords are only intended for students registered in the course. Zoom recordings and materials presented in Zoom, including any teaching materials, must not be shared, distributed or published without the instructor’s permission.</p> <p>The use of video conferencing programs relies on participants to act ethically, honestly and with integrity; and in accordance with the principles of fairness, good faith, and respect (as per the Code of Conduct). When entering Zoom or other video conferencing sessions (such as MS Teams), you play a role in helping create an effective, safe and respectful learning environment. Please be mindful of how your behavior in these sessions may affect others. Participants are required to use names officially associated with their UCID (legal or preferred names listed in the Student Centre) when engaging in these activities. Instructors/moderators can remove those whose names do not appear on class rosters. Non-compliance may be investigated under relevant University of Calgary conduct policies (e.g Student Non-Academic Misconduct Policy). If participants have difficulties complying with this requirement, they should email the instructor of the class explaining why, so the instructor may consider whether to grant an exception, and on what terms. For more information on how to get the most out of your zoom sessions visit: https://elearn.ucalgary.ca/guidelines-for-zoom/.</p> <p>If you are unable to attend a Zoom session, please contact your instructor to arrange an alternative activity for the missed session (e.g., to review a recorded session). Please be prepared, as best as you are able, to join class in a quiet space that will allow you to be fully present and engaged in Zoom sessions. Students will be advised by their instructor when they are expected to turn on their webcam (for group work, presentations, etc.).</p> <p>The instructor may record online Zoom class sessions for the purposes of supporting student learning in this class – such as making the recording available for review of the session or for students who miss a session. Students will be advised before the instructor initiates a recording of a Zoom session. These recordings will be used to support student learning only and will not be shared or used for any other purpose.</p>
<p>Academic Accommodation</p>	<p>It is the student’s responsibility to request academic accommodations according to the University policies and procedures listed below. The Student Accommodations policy is available at https://ucalgary.ca/student-services/access/prospective-students/academic-accommodations.</p> <p>Students needing an accommodation based on disability or medical concerns should contact Student Accessibility Services (SAS) in accordance with the Procedure for Accommodations for Students with Disabilities (https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Accommodation-for-Students-with-Disabilities-Procedure.pdf).</p> <p>Students who require an accommodation in relation to their coursework or to fulfill requirements for a graduate degree, based on a Protected Ground other than Disability should communicate this need in writing to their Instructor.</p> <p>SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/.</p>

Academic integrity, plagiarism	<p>Academic Misconduct refers to student behavior which compromises proper assessment of a student’s academic activities and includes: cheating; fabrication; falsification; plagiarism; unauthorized assistance; failure to comply with an instructor’s expectations regarding conduct required of students completing academic assessments in their courses; and failure to comply with exam regulations applied by the Registrar.</p> <p>For information on the Student Academic Misconduct Policy and Procedure please visit: https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Academic-Misconduct-Policy.pdf and https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Academic-Misconduct-Procedure.pdf. Additional information is available on the Academic Integrity Website at https://ucalgary.ca/student-services/student-success/learning/academic-integrity.</p>
Internet and electronic communication device	<p>The use of laptop and mobile devices is acceptable when used in a manner appropriate to the course and classroom activities. Please refrain from accessing websites and resources that may be distracting to you or for other learners during class time. Students are responsible for being aware of the University’s Internet and email use policy, which can be found at https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Acceptable-Use-of-Electronic-Resources-and-Information-Policy.pdf.</p>
Intellectual Property	<p>Course materials created by instructors (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the instructor. These materials may NOT be reproduced, redistributed or copied without the explicit consent of the instructor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.</p>
Copyright	<p>All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Acceptable-Use-of-Material-Protected-by-Copyright-Policy.pdf) and requirements of the copyright act (https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html) to ensure they are aware of the consequences of unauthorised sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy https://www.ucalgary.ca/pubs/calendar/current/k.html.</p>
Freedom of Information and Protection of Privacy	<p>Student information will be collected in accordance with typical (or usual) classroom practice. Students’ assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.</p>
Student Support	<p>Please visit this link for important information on UCalgary’s student wellness and safety resources: https://www.ucalgary.ca/registrar/registration/course-outlines</p>